

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Themba Nshalati

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 03:11:39

**PACE** 09:06/km

**OVERALL** 596 of 766

26 October 2019, Sat

Date

**GENDER** 381 of

443

**40+** 114 of 132



Signature

